

**GENERAL RUNNING OF CENTRE  
of  
SMITHFIELD ATHLETICS INC.**

**REGULATION 4 – GENERAL RUNNING OF CENTRE**

In this Regulation "LANSW" means the Little Athletics Association of NSW Inc.

**4.1 PURPOSE**

The purpose of this Regulation is to outline the running of the Centre. This Regulation is made under Rule 35 and will be interpreted in accordance with the Constitution.

**4.2 UNIFORM**

Uniform shall be:-

- a) A white top with black trim and red rooster emblem on left breast plus red and black stripes down the side chest.
- b) Predominantly black shorts/bicycle shorts
- c) Competitors numbers to be affixed and visible whilst competing:-
  - i. to the upper portion of uniform of SLA Centre Members as determined by LANSW.
  - ii. any sponsorship by LAA or LANSW where applicable must be worn on the uniform.
  - iii. age number to be worn on left hand side of uniform or as determined by LANSW.
  - iv. Centre Number (146) to be worn on back of uniform to all LANSW run carnivals.
- d) Club Uniform **MUST** be worn on **ALL** occasions that the athlete is representing the Club. Club uniform must also be worn on Club competition so as to be eligible to obtain points for the point score competition. Exceptions to this will be as determined by the Management Committee e.g. prior to LANSW Competition.
- e) Footwear must be worn on all occasions.
- f) Spikes may be worn by athletes from U11 years. This is conditional on the spikes being removed immediately on completion of the event, that they are not worn off the track, that they be worn only in events specified by LANSW and that they be worn in a sensible manner.

**4.3 AGE MANAGERS**

Age Managers are mandatory for all Age Groups. Each Age Group must have a minimum of two (2) assistants as a mandatory requirement.

The Age Manager:-

- a) Shall have the responsibility of recording each athlete's time or performance on the Recording Sheet. No entry may be made without sighting the completed ticket issued in events so designed.
- b) Has the right to report any athlete to a M.C. Member for any misbehaviour or abuse. Said athlete may be sent from the field of competition to the Sin Bin for one or more events, losing his points for that event.

Athletes must remain with their Managers throughout Centre competition and shall not be permitted to run back and forth to their parents or the canteen, this rule being for the athlete's protection. When the athlete has completed his events, he must remain outside the field boundary (fence). Careful notice must be taken when crossing the track.

#### 4.4 SIN BIN

- a) A Sin Bin shall operate for any athlete misbehaving. Said offender shall not receive points for events missed whilst in the Sin Bin.
- b) A M.C. Member seeing misbehaviour by an athlete may send the athlete to the Sin Bin.
- c) Officials at events should report to the Age Manager any misbehaviour.

#### 4.5 POINT SCORE

Points shall be awarded for:-

- (a) One (1) point for each event completed  
plus
- (b) Two (2) points for each improvement of a personal best  
plus
- (c) Three (3) points for each record equaled or broken.

#### ALL ROUND AGE CHAMPION

An All Round Age Champion shall be calculated by awarding points in each event able to be contested in an age group. The fastest or best trial in an event throughout the season shall be awarded 10 points, second best gets 8 points, third best 7 points, fourth best 6 points and so on until the remaining competitors in that event gain 1 point each. The same procedure shall be calculated for all events in the Age group and the total for each athlete added together to find the highest score. Only the athlete's best performance at each event will be counted.

#### 4.6 AWARDS

- a) Awards
  - i) To qualify for Point Score Champion, 2<sup>nd</sup> place, 3<sup>rd</sup> place and 4<sup>th</sup> place an athlete must have competed in 70% of the events available to him/her from the time of registration including the events in the 2<sup>nd</sup> portion of the competition.
  - ii) To qualify for All Round Champion, an athlete must have competed in 70% of the events available to him/her from the first date of club competition including the events in the 2<sup>nd</sup> portion of the competition
  - iii) All athletes not receiving an award as in 4.6 (i), & (ii) and who have attended after Christmas, shall be eligible for an Encouragement Award. Representation in LANSW Championships as per 4.6 (g) shall be deemed as attendance.
  - iv) The M.C. reserves the right to consider any athlete, that has not met with the criteria as stated in 4.6 (i) & (ii), for an award.
- b) In all cases, club presentations shall not be made public until the actual time of presentation.
- c) Junior, Intermediate and Senior Point Score Championships shall be calculated on points for attendance, self improvements and records equaled or broken.
  - i) Junior - Under 6's, Under 7's & Under 8's
  - ii) Intermediate - Under 9's, Under 10's, Under 11's & Under 12's
  - iii) Senior - Under 13's, Under 14's & Under 15's & Under 17's
- d) Where possible, athletes to receive appropriate attire, as determined by the Management Committee, prior to going to State. Where possible Under 7 Zone and Under 8 Regional State Age Medalists receive the same apparel as State Representatives.
- e) Medal winner(s) at State to receive trophy.
- f) An award to be given to those athletes who qualify for or are invited to compete at the Australian Little Athletics Championships (ALAC).

- g) Athletes representing the Club at the Zone/Region/State/State Relays/State Multi and Trans Tasman Championships will be awarded any applicable attendance points missed from competition on the night prior to any representation, regardless of actual attendance. In addition, athletes representing the Club in these championships will also receive 3 additional points per representation.
- h) All major awards to be calculated on points gained to avoid preferential treatment.

#### **4.7 OFFICIALS**

- a) In the event of insufficient officials for an event being forthcoming, that event will be cancelled for that evening.
- b) All Officials must sign the Officials sign on sheets each evening to be covered by Insurance.
- c) Said sheets will be in the charge of the Officer for Officials.
- d) All parents are required to take part in the running of events of the evening and to assist in the running of Club activities, as per Schedule C.

#### **4.8 CAPTAINS**

Two Captains to be selected from the U/15 and/or U/17 age groups where possible. If insufficient nominations are received from this age group then nominations may come from the U/14 age group. They must have competed with THE CLUB for the past 5 consecutive years. The U/13 to U/17 age groups are to vote for two of the eligible athletes. Final decisions and guidelines will be made by the Executive. \*

\*Captains can be two (2) boys or two (2) girls or one (1) boy and one (1) girl.

#### **4.9 RECORDS**

- a) No record can be recorded unless:-
  - i) An official was in attendance (in charge) at the event.
  - ii) That record was checked by a member of the M.C. and the recording sheet signed by him and the official in charge of that event.
  - iii) No member of the M.C. or official can check or sign his own child's record.
- b) **TRACK & FIELD**
  - i) Where possible two (2) people to time first place in track events and the slower time to be recorded.
  - ii) Head timekeeper to check that the correct times are given for place getters.
  - iii) In the event of a record the Head Timekeeper is to check and sign records with a member of the M.C. In the event of a record being his or her own child the record to be checked by an Executive Member and another M.C. Member.
  - iv) Minimum age for children helping timekeepers is limited to the Under 13 upwards age groups.
  - v) Wherever possible competitors will compete in their own age groups. The marksman should monitor this.
  - vi) Record and improvement points cannot be given if a child is running up an age group. In all fairness to all children, a record must be gained in their own age group unless directed by the Executive. (exception to this is when age groups are combined by the M.C for competition)

#### **4.10 CLUB COMPETITION**

- a) Club Competition shall be held each Friday evening from September to March between the hours of 6.00pm and 9.00pm wherever possible with assembly at 5.50pm.
- b) The Club will recess for the Christmas break as determined by the M.C.
- c) In case of wet weather etc. the appointed Sub-Committee (consisting of (1) E.C. and (2) M.C. at a minimum requirement) shall postpone the evening's events and it shall be classified as a wash out and no points shall be given. It is the responsibility of each parent during inclement weather to determine from M.C. Member if THE CLUB competition is to take place.
- d) In the event that the Club Competition has begun or is past scheduled starting time and the Club competition is abandoned due to inclement weather, then each child in attendance at the time shall be awarded (1) attendance point only.
- e) Any athlete or parent who abuses an Official on the field of competition, at home or away, will be cited immediately before the Executive and will be removed from further competition until he appears before the J.C.
- f) As a family participation sport, each athlete shall be expected to be in the company or charge of a responsible adult person (over the age of 18) on each night of attendance. Failure to comply with this rule shall render such athlete ineligible for competition whilst that situation remains.

#### **4.11 PRESENTATION DAY/NIGHT**

Presentation day/night shall be held as soon as practicable after the completion of the Season.

#### **4.12 MEMBERSHIP**

All registered and social athletes who compete at Club level for five or ten (etc) consecutive years with Smithfield Athletics Inc shall qualify for a Club service award.

#### **4.13 CHAMPIONSHIPS**

All competitors that nominate for Zone Championships will be charged a fee for administration which will be refunded on completion of parent/caregiver carnival duties.

#### **4.14 CLUB PERSON OF THE YEAR AWARD**

All members of Smithfield Athletics Inc shall be eligible for nomination as Club Person of the Year provided that:

- i) such a person has been nominated and seconded in writing and the nomination received by the 31 March to the Secretary.
- ii) such a person has participated on a regular basis in Club associated activities.
- iii) such a person has fulfilled any duties allocated to them through their association with Smithfield Athletics Inc.
- iv) such a person has shown extraordinary support throughout the season, giving freely of their time for the betterment of Smithfield Athletics Inc.
- v) if multiple nominations are received the M.C. will read all nominations received and decide on the recipient(s).